

## POSITION DESCRIPTION

**Position:** Academy Physiotherapist

**Contract:** Permanent Part-time (15 hours per week)

**Reports to:** Head of Performance Health

**Commencement date:** October/ November 2024

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## POSITION PURPOSE

The Academy Physiotherapist provides physiotherapy treatment and care for the students of Queensland Ballet Academy to the highest professional standards, thus helping to ensure their optimal health and wellness. This role is an integral and effective member of the Performance Health team, working to perform screening assessments, support rehabilitation, implement injury prevention measures and provide dance health education.

## REPORTING RELATIONSHIPS

This position reports to the Head of Performance Health. The Academy Physiotherapist works closely with the Performance Health team, the Academy teaching team, the Academy Admissions and Wellbeing Manager and external health consultants.

## KEY RESPONSIBILITIES

### *Clinical Services*

- Assess and diagnose musculoskeletal problems to the highest professional standards.
- Treat musculoskeletal problems using appropriate manual therapy, exercise therapy, rehabilitation techniques and additional skills within the scope of practice.
- Advise students appropriately regarding injury management, rehabilitation progress and other aspects of health care, both in individual consults and group education sessions.
- Keep records of all treatments of individuals and ensure confidentiality is maintained.
- Refer students to internal and external medical and health consultants as clinically appropriate.
- Co-ordinate and conduct musculoskeletal screening of students as required, usually at the start of each year. This may include use of VALD Hub, hardware and related monitoring systems.
- Deliver/present health educational material to various internal and external stakeholders of QB as required, including Safe Dance Practice as part of the QB Academy program/curriculum.
- Maintain own continuing professional development as per the AHPRA requirements.

### *Team and Communication*

- Report regularly to the Head of Performance Health on student treatment and rehabilitation progress.
- Inform and liaise with the Academy teachers in regard to student injuries, including prevention, progress of rehabilitation and healing, availability, workload modifications and methods of accelerating recovery in day-to-day training.
- Participate in a team of health practitioners, including supporting the service provision as needed when other team members are on tour or on leave.
- Collate data via the Smartabase healthcare data management system to ensure injury statistics are kept according to established protocols and contribute to advancing and evolving these systems.
- Report Academy injury statistics to the Performance Health team and relevant Academy teaching staff on a weekly basis via email and meetings as required.
- Assist the Performance Health team in managing Academy stock supplies, equipment maintenance, Workplace Health and Safety standards and other operational requirements
- Provide expertise relevant to the health and wellness of the students to the Academy and Queensland Ballet as requested.
- Report Academy injury statistics and patterns to the QB Board Academy Sub-Committee regularly as required.

### *Student Wellbeing and Child Safety*

- Queensland Ballet is committed to safeguarding and promoting the welfare of all children and young people and expects all staff and volunteers to share this commitment by:
- Proactively ensuring compliance with Queensland Ballet's Code of Conduct, Child Safety policies, WHS regulations and other related policies and procedures including state and federal legislation and UNESCO's Rights of the Child.
- Maintaining open, honest and regular dialogue with the broader Academy team for example on all student injury, rehabilitation and wellness matters and the Admissions and Pathways Manager for example on all safety, wellbeing and pastoral care matters.
- Modelling behaviour that upholds this commitment; reporting non-compliance, including that of other students; and providing a platform for all to contribute to class-based and year level rules and boundaries.
- Creating a welcoming, safe and well teaching and learning environment where all stakeholders feel valued, integral and respected for their contribution to the Academy's success and obliged to uphold this commitment.

### **KEY CRITERIA**

1. Bachelor's Degree in Physiotherapy (minimum) combined with registration with the Australian Health Practitioner Regulation Agency (AHPRA), and experience in dance/sports/musculoskeletal physiotherapy is desirable.
2. Demonstrated experience working with students and/or performing artists within a sport/dance/performance team environment.

3. Excellent communication and interpersonal skills, including the ability to effectively liaise with young people, parents/families, teachers, artistic staff, health practitioners and management staff.
4. Able to demonstrate a sound understanding of the requirements of ballet students to perform at an elite level, combined with effective time management and prioritisation skills.
5. Demonstrated experience in implementing injury prevention and rehabilitation programs in a high-performance environment.

### **ADDITIONAL REQUIREMENTS**

1. Professional indemnity insurance as per current AHPRA insurance requirements.
2. Current and valid Working with Children Check (Queensland Government Blue card).
3. Ability to work some flexible hours as required, depending on Academy performance seasons and school holiday periods.

### **GENERAL INFORMATION**

#### **Recreation Leave**

20 working days per year

#### **Personal/Carer's Leave**

10 working days per year

#### **Hours of Work**

Nominally 15 hours per week Monday to Fridays, with possible Saturday work intermittently as mutually agreed.

#### **Probationary Period**

Six months from commencement

#### **Salary**

To be negotiated with the successful candidate. Superannuation is paid into the superannuation fund of your choice, currently at the rate of 11.5%.

### **APPLICATION PROCESS**

Please apply for this role via Seek, including your CV and a Covering Letter. Applications close **10am, Monday 14 October 2024**. Please note that referees will be sought from candidates following the interview process.

### **ABOUT QUEENSLAND BALLET**

*Queensland Ballet is a vibrant, creative company and one of the fastest growing arts organisations in Australia. We offer a program of world-class productions of the best classical ballets and inspired contemporary and neo-classical dance works. Our dancers are acclaimed for their technical excellence, versatility and generosity of spirit. Our Academy creates pathways for aspiring ballet dancers and*

*prepares them for the real world. We understand our responsibility to Queensland's regional communities and regularly tour our artistic and community programs, while offering exciting health and community programs from our West End home, the Thomas Dixon Centre. We are committed to enriching the lives of as many people as possible.*

*Queensland Ballet acknowledges the traditional custodians of the land on which we work and perform. Long before we performed on this land, it played host to the dance expression of our First Peoples. We pay our respects to their Elders – past, present and emerging – and acknowledge the valuable contribution they have made and continue to make to the cultural landscape of this country.*

*To reflect the diversity of the communities and people with whom we engage, we seek to hire a workforce that is both representative and diverse. With a focus on inclusion, accessibility, and flexibility, we are committed to supporting you in your career with Queensland Ballet.*

*We are committed to providing an inclusive and child safe environment that is free from Workplace Harassment, Sexual Harassment and Bullying. Our robust human resources, recruitment and vetting practices are adhered to during the application and interviewing process. Certain roles may require that we carry out working with children, police records and reference checks to ensure that we are recruiting the right people.*